



CAROLINA CARO

THE UNLEARNING ADVANTAGE[®]

Evolving Leadership. Aligning Teams. Transforming Culture.
~ *One unlearned pattern at a time.*

Unlearn yesterday's success and outdated patterns because the future demands something different to unlock what's possible next.

Most leadership development **adds**. Carolina Caro **subtracts**.

After years working with C-suite executives across industries, Carolina identified a critical gap. Organizations invest in new skills, but when identity goes unexamined, behavior change fails and old patterns return under pressure. Carolina's work addresses this through a subtractive approach at the level of identity, helping leaders unlearn the patterns shaping how they show up, not just what they do. Change sticks because it starts at the root.

A former research scientist who held leadership roles at Pfizer and Merck, before training as an actor at the Neighborhood Playhouse in New York. Carolina has lived the unlearning she asks of leaders.

As CEO of Conscious Leadership Partners, Carolina leads a team delivering executive coaching, team coaching, and leadership development programs.



“ Carolina has spoken at several of our conferences. We enjoy working with her and the audience always walks away with a great learning experience. ”

Dan Dycus

Senior Director of Education Services, PayrollOrg

Carolina's Keynotes

Unlearning for Leaders

The Next Level Leader:
How Unlearning Unlocks Your Greatest Impact

Unlearning for Teams

Aligned by Design:
How Unlearning Builds Teams That Move as One

Unlearning for Culture Change

Culture Forward:
How Unlearning Builds the Culture Your Future Demands

