



# TAMMY “G.” BARLETTE

*A passionate and energetic speaker, Tammy will move your audience to action. She skillfully weaves her warrior experiences of courage and grit into thought provoking relatable stories.*

## **Speech Topic:**

Supersonic Success: Elevating Performance with Mental Mastery, A Flight Plan to Achieve Maximum Potential



## **Description**

Tammy Barlette shares stories of triumph, struggle and courage, highlighting the power of using mental performance training to achieve maximum potential. Navigating through challenges as one of the few women, often the sole representative, in the fighter pilot world, Tammy secured her place among the “bros.” Although her achievements speak volumes, the road to success was not an easy one. Utilizing mental performance training, she invested hard work and unwavering focus, combating the persistent enemy of self-doubt. Learn how to shift your focus away from challenging circumstances and see the big picture, despite the obstacles and trials you may face.

## **Bio:**



TRAVELS FROM TUCSON, AZ

Tammy Barlette is the founder of Athena’s Voice, a speaking collective featuring female pilots from around the United States as well as the founder and CEO of Crosscheck Mental Performance Training. She herself is a fighter pilot who served in the Air Force for over 20 years, retiring in September of 2018 as a Lieutenant Colonel. She has flown multiple aircraft, to include the T-37 Tweet, T-38 Talon, A-10 Warthog, MQ-1 Predator and MQ-9 Reaper, accumulating more than 3000 total flying hours and over 1500 hours of combat support time assisting and protecting troops on the ground in both Iraq and Afghanistan. She is also a graduate of the prestigious US Air Force Weapons School and has a Master of Arts in Christian Ministry. Tammy is married to a Federal Agent and has three children.