

Here is Jess' Stage Introduction. Feel free to tweak it to fit your event!

Pronunciation of Ekstrom: Eck-strum

Pronouns: She/her

Jess lives by three words: inspiration from frustration.

Whenever she's frustrated, she usually finds inspiration in a business idea to solve the problem. Hence, she's a 2x successful social entrepreneur, author, and speaker.

Some of her career highlights include:

- Donating over a million headbands reaching every children's hospital in America and 22 countries
- Helping thousands of women speak with confidence through her company, Mic Drop Workshop
- When Apple selected her audiobook *Chasing the Bright Side* as their "must-listen" of the month.
- Living in an RV with her husband for 3 years and still being married
- Starting her investment fund, Shatter & Shift, where she exclusively invests in minority-women-owned businesses
- Helping younger generations become entrepreneurs through her book *Create Your Bright Ideas*
- and making it on CNN when she finished The Krispy Kreme challenge (where you eat a dozen donuts and run 5 miles)

Please welcome, Jess Ekstrom.