JEN BUCK

Award-Winning Keynote Speaker, 3X Bestselling Author, Chief Operating Officer, 8X Master Certified Trainer, Television & Podcast Host

UNDERSTANDING PEAK PERFORMERS & IMPACT MAKERS

Learn the techniques that high-performing teams and competitors are using to inspire, ignite, and transform their output

BECOMING A PEAK PERFORMER

Game-changing results require discipline and commitment to master the mental game. You'll get tips and techniques to overcome the messages that are inhibiting your output.

UNLEASHING YOUR INNER IMPACT MAKER

Champions don't just win once. To be great you must commit to sustaining and elevating your performance every day to have the greatest impact.

MAVERICKS, RENEGADES & IMPACT MAKERS:

GAME CHANGING STRATEGIES TO INCREASE YOUR INFLUENCE AND LEAVE A LASTING IMPACT

We achieve peak performance when we master the mental game. Every athlete knows the importance of becoming highly skilled physically but, if you really want to give yourself that edge over your competition as an Impact Maker in business, mental skills must be highly developed in order to win the professional game. Impact Makers understand that the ability to win requires focus, attention and mastery of the inside job, first.

This highly interactive and fun keynote will fire up your audience and get them to recognize their power and activate their impact. Participants will be on their feet and laughing as they recognize the massive impact they can leave with any person they meet. Ultimately, to become a Makerick, Renegade and Impact Maker you have to put the time and effort into your mental game. This motivating and inspiring keynote is a game-changer for people who are ready to exceed their own limits. It will provide tips for mastery over your mental hurdles and proven methods to get your vision and goals in line with your performance. Are you ready to maximize your output and leave an epic impact? Then, this keynote is for you.

