

GET FIRED UP AND READY TO SHIFT!



Igniting you to Re-Invent, Re-Energize, and Re-Engage.

Linda Edgcombe

Leadership and Change Expert, Award-Winning Celebrity Humorist, Hall of Fame Speaker

Why Book Linda

- 1 **High Energy, Humorous Delivery**
- 2 **Noticeable Results**
- 3 **Customized Presentations**
- 4 **Fun to Work With**
- 5 **Wow Your Audience**
- 6 **Relatable**

The Linda Effect

I have been researching, speaking, and writing about **change resilience** at work and at home for over 30 years. I have created some simple and powerful tools to bring people out of the state of overwhelm and exhaustion we find ourselves in today. And re-connect to what's really important to us professionally and personally.

If the last few years have taught us anything, it's that **connection** to ourselves and others is the most important strategy needed for all of us to show up every day at our best and thrive.

I passionately promise to deliver: powerful shifts, purposeful accountability, on-going momentum – oh, and a heck of a good time – maybe the best laugh you will have in a long time.

In addition to being an award winning motivational speaker, I'm a proud disruptor of the status quo. My programs are straight from the hip: **real, raw, and refreshing.**

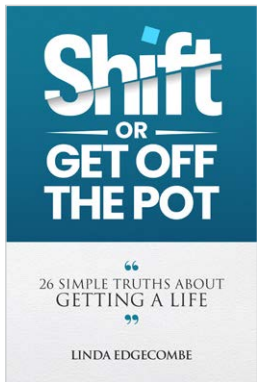
If you are ready to experience “The Linda Effect,” let's talk.



Alberta Construction
Safety Association



REAL. RAW. REFRESHING.



Pushed to The Limit

How to Build Your Team to be more connected, engaged and energized

Busyness, distraction, and overwhelm have become the new way of being. Distractions are costing North American companies over \$188 Billion per year in stress-related illness and accidents.

In this entertaining presentation, I deliver straight-up solutions for safer workplaces and the humans who work there. We will go over easy-to-use methods that you can lower stress and overwhelm, and increase energy, happiness, and productivity.

Presentation takeaways:

- Use my 3-step safety formula for less stress, less injuries, and increased productivity
- Learn what got us here and how being always “busy” has become the new norm
- Discover what the “busy culture” is doing to you physically, mentally, emotionally
- Identify how can we strategically shift our mindset towards creating safer workplaces

This presentation is for safety professionals and workplaces that want less stress-related accidents and illnesses and more peace of mind.

If you’re looking to **increase your energy at work**, be able to **focus on what’s important**, and at the same time learn to **laugh and lighten the load**, this presentation is for you!

This program can be delivered in the form of a keynote, workshop, or breakout session, in-person or online.

“Absolutely awesome speaker. What a positive attitude and view of the world. Thank-you. I laughed until I cried, then laughed again!”
– Pharmacists Association

“Superb! one of the best female speakers we have ever had! I recommend her highly! People were engaged, motivated and appreciated the expertise delivered on work/life balance and safety.”
– International Plumbing Institute

“Linda’s style and humor quickly warms even the toughest of crowds. Her ability to meet people where they are is a gift.”
– Corrections Canada

