







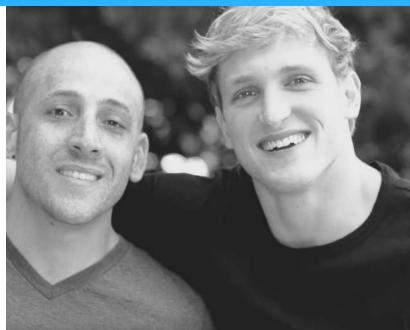


VIDEO RESOURCES









Who is Kevin Hines?



Kevin Hines is a storyteller at heart.

He is a best selling author, global public speaker, and award winning documentary filmmaker. In the Year 2000, Kevin attempted to take his life by jumping off the Golden Gate Bridge. Many factors contributed to his miraculous survival including a sea lion which kept him afloat until the Coast Guard arrived. Kevin now travels the world sharing his story of hope, healing, and recovery while teaching people of all ages the art of wellness & the ability to survive pain with true resilience.

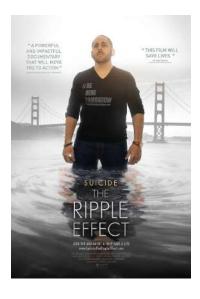
Currently, Kevin is in pre-production of his new Docu Series The Journey, and is working on a comic book version of his life in cosmic & supernatural form called Hope Dealers. His fight has been long and arduous, but he is determined to remain committed to life until its natural end.

His motto: #BeHereTomorrow and every day after that.

He is one of only thirty-six (less than 1%) to survive the fall and he is the only Golden Gate Bridge jump survivor who is actively spreading the message of living mentally healthy around the globe.

Kevin's will to live and stay mentally well has inspired people worldwide. His compelling story has touched diverse, global audiences within colleges and universities, high schools, corporations, clergy, military, clinicians, health and medical communities, law enforcement organizations, and various industries. Thousands have communicated to Hines that his story helped save their lives. He has reached millions with his story.

His story was featured in the 2006 film The Bridge by the film director and producer Eric Steel. Kevin believes in the power of the human spirit and in the fact that you can find the ability to live mentally well. His mantra: "Life is a gift, that is why they call it the present. Cherish it always." His documentary "Suicide: The Ripple Effect" is now available to view via the Theatrical On Demand platform.



IMPORTANT VIDEO LINKS

"Suicide: The Ripple Effect' - Documentary Film Globally Theatrical Release - March 13, 2018 (Film Teaser Trailer Link)

Kevin Hines "I jumped from the Golden Gate Bridge' BuzzFeed Video

(click for video link) / Over 300 Million Views

Kevin Hines onstage with Logic at the 2018 Grammys (click for video link)

Kevin collaborates with Vlogger, Logan Paul on suicide prevention video #BeHereTomorrow (click for video link) / Over 30 Million Views

VIDEO RESOURCES

Science based and evidence formed video content, which aims to promote and foster better mind, behavioral and brain health. For things like;

Stress Resilience Building Mental Illness Sleep Function Brain Health Honesty in Therapy

Suicide Prevention Routine Creating & Building

Hope

These tips and tools through this video format can be trained to students, staff, and parents to have a long lasting effect on lives changed. People are saying that when they follow each step, one step at a time, one month at a time for 10 months, with 6-9 months of adding this regimen to their lives, they are less suicidal, more mentally stable, more self aware, and some say it's saved their lives.

Please use this as an after step for your school to shift the paradigm with your struggling students.

Also please to help me spread the videos around the world to have more of an effect, ask your students to click subscribe and hit the ☐ next to the subscribe button. This helps me track the lives changed by the videos.



Vlogs Season 2 PLAY ALL



How eating well has reduced

Kevin Hines

my paranoia | Mark & Kev...



Meet my friend Mark Dohner - PART 1

Kevin Hines



He Jumped Off The Golden Gate Bridge & Survived |...

Mark Dohner @



Lights, Camera, Action.... ALEXA! Part 1

Kevin Hines



Midland Texas; Storytelling & Hope

Kevin Hines

Vlogs Season 1 PLAY ALL

Take a look into my life. Interviews, travel, working out and continuing to spread the message that hope helps heal.



Episode 23 (Season 1) -Friday Fitness

Kevin Hines



Episode 22 (Season 1) - My Fight Night Recap: KSI vs...

Kevin Hines



Episode 21 (Season 1) -Barber Shop Stories

Kevin Hines



Episode 20 (Season 1) Why I Joined The #Logang

Kevin Hines



Episode 19 (Season 1) - The 98th Percentile

Kevin Hines

VIDEO RESOURCES

CLICK EACH PLAYLIST TO WATCH





Series: Are You Ok? With Ari & Kev



Series: Road to Recovery with Dr Bart & Kevin



Series: The Green Show with Kip & Kev

Series: The Art of Wellness PLAY ALL

Kevin shares his steps for 'living mentally well'. In order to be self-aware and cognisant of his mental wellness, Kevin has developed a 10 step regimen to stay on track and monitor the signs of

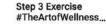


Step 1 Part 1 Therapy, Kevin Hines 10 Steps to The Art o ...

Step 1 Part 2 Therapy, Kevin Hines 10 Steps to The Art O ...



Step 2 - Meditation #TheArtofWellness A...





Step 4 of 10, Sleep #TheArtofWellness A...

Kevin Hines

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Kevin Hines

Kevin Hines

Kevin Hines

Monday Motivation: Exercise for Brain Health PLAY ALL

Join me every Monday for motivational workout posts.



Getting our conference workout in! | Monday...



Monday Motivation: Crunch Time

ABTASTIC Monday! Kevin Hines



Beast Mode Time

Kevin Hines



Monday Motivation: Welcome

Kevin Hines

Kevin Hines Story Revealed

PLAY ALL http://www.kevinhinesstory.com



Kevin Hines CVTC Media Services



Kevin Hines - First responder **CVTC Media Services**



Suicide: Be Here Tomorrow.

Logan Paul Vlogs O



I Jumped Off The Golden Gate Bridge



Kevin Hines Jumped Off The Golden Gate Bridge - And...

TESTIMONIALS - From YouTube Channel

Since it is #nationalsuicidepreventionmonth, i'd like to thank @loganpaul for helping me smile and live another day as a person. he's been through thick n thin and ive just been by his side like he is with me. i'd also like to thank @kevinhinesstory and @jakepaul for letting me be me and #BeHereTomorrow . if it weren't for you guys, i wouldn't be here today - abbyyy.castro

Thank you so much for telling your story! I have battled with depression, anxiety, self-harm, a mild eating disorder, and suicidal thoughts. You have inspired me to continue living and to tell my story even in the darkest of times. I am a survivor of sexual assault and molestation. I am doing well now. I am 3 years free from self-harm and I am fighting everyday to eat healthy and to continue working towards my college degree of music therapy. Thank you again. I am praying for you and your journey

- lordoftheringsfan342

Logan, Spencer, and Kevin. Have been so inspiring and positive to not just me but millions of people, they have made me change my mind about killing myself. I love them for that and that's what people don't get.

- Sarah Yuhasz

Your the person to make me feel like I'm not what other people say I am love the story keep on making people not trying to kill them selfs and make them feel greater then what they

- Jayden Cisneros

I love everything you do, you are the reason I try to be happy and you're the reason I try to #BeHereTomorrow - Ronnie M Yuhasz

You spoke at my school the other day. "North Huron School" in Kinde Mi. Your story was amazing and inspirational. Keep on grinding man!

- TS Venom

This is the reason why i love you. ur inspiring, honest, but not hater or filled with anger. thank you for everything you have done to people around the world. suicide is not an answer.

- Sofia Alainen

Hey Kevin. You came to my military base a few months ago in Missouri and your story is so amazing. We actually talked and you told me no matter what don't go back to night shift because of the things going on in my head. Well I listened to you and got several sleep studies and turns out I have severe narcolepsy with sleep paralysis and the hallucinations were from lack of sleep. I'm getting out of the military very soon and I'm so excited to make a new chapter to life. I love your IG posts and positivity. Thank you so much for that small talk you had with me.

- CoLew Gaming

You are such an amazing storyteller. I've heard you tell your story several times via the internet, and I am inspired and humbled every time.

Thank you for doing what you do, and thank you for being who you are.

- Lady J in Lotus Pose

Thank you for your videos! I'm doing my best to educate myself so I can support my husband, who is suffering from bipolar, PTSD, severe insomnia, anxiety, in addition to multiple physical health conditions. It's extremely overwhelming for him and our family. Thankful for people like you who have found ways to overcome and are sharing it with the world

- batquillen