

# RICARDO CABETE

## EMOTIONAL INTELLIGENCE EXPERT

14 COUNTRIES • 4 CONTINENTS • +20K PEOPLE



**BETTER LEADERS, HIGHER PROFITS.**  
Improve today's top Leadership skill: Emotional Intelligence

### RICARDO'S EXPERIENCE

- ▶ **CEO and Founder of Emotion Talks®**  
Emotional Intelligence Training
- ▶ **Team Management Experience**  
Toastmasters International & Lyonesse AG
- ▶ **Rock Band Lead Singer**  
Rocking the stage since 2002
- ▶ **Speaker in 14 Countries**  
Includes UK, Canada, Brazil, Italy and UAE (Dubai)
- ▶ **Emotional Intelligence Certified Trainer**  
EQ-i 2.0 International Certification  
Postgraduate Degree in Emotional Intelligence
- ▶ **European Champion of Public Speaking**  
Toastmasters International



### CORPORATE COURSES

- ▶ **Emotional Intelligence**  
The Soft Skills that Boost Profits
- ▶ **Emotionally Intelligent Communication**  
The Communication Skills of High Performing Teams
- ▶ **Emotionally Intelligent Leadership**  
The Leadership Skills of Effective Leaders

### KEYNOTES

- ▶ **The Emotions Fire**  
Emotional Intelligence Keynote  
*The Power of Emotions in High Performance Teams*
- ▶ **Motiv/Action**  
Motivational Keynote  
*Powerful Lasting Motivation for Leaders and Teams*

All courses and keynotes are practical, interactive and have a science-based approach. Online or In-person.



“Ricardo is a very empathetic and engaging speaker! He gave me practical tools to manage emotions in my professional environment. It was a motivating and enriching experience!”

**Joana Côte Real**  
Medical Affairs Director @ Novartis

## For Your Next Event Book Ricardo Cabete

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