

# Does this sound familiar?

You are  
overloaded  
at work

You aren't  
building stronger  
relationships






You have  
no time  
for yourself

If this describes you, then it's time to:

## Stop **Juggling Elephants** and Start Being The Ringmaster Of Your Circus!

Building on the principles from a successful circus, Jones Loflin delivers a unique approach for those **struggling with too much to do** that is simple to understand and powerful in its application.

### Key Objectives Include:

-  Recognize the fallacy of trying to "get it all done"
-  Learn how to take more conscious control of your time and energy
-  Follow a 4 step process to experience greater productivity and results
-  Identify and better manage key distractions and interruptions
-  Create a plan to invest more in your personal well-being and lower your stress

*"Thanks for coming out to Tractor Supply to facilitate Juggling Elephants yesterday. Several participants engaged with me after the program was complete to share how much they enjoyed the presentation. One person even mentioned that you were the "best presenter they had seen in their life" in their long career of working! I look forward to working with you again!"*

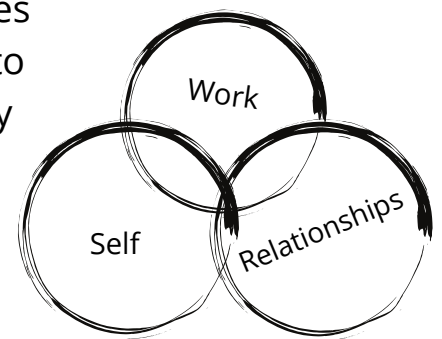
**- Albert Dennis, Tractor Supply Company**



## What's Under The Big Top?

Jones equips individuals with the skills to stop trying to juggle elephants and take more conscious control of their three rings: **Work, Relationships and Self.**

Participants will create a daily and weekly **lineup** that increases their ability to be more productive. They will learn new ways to work with the **performers** in their circus and understand why they need to take an intermission. Most importantly, they will leave with the ability to make sure that what they say is important actually gets done!



## Your "Ringmaster" For the Program

For over 26 years, Jones' life work has been helping people overcome the struggle of too much to do. His sense of humor combined with his high-energy and common sense approach will immediately connect with everyone in your audience. Learn more about Jones at [www.jonesloflin.com](http://www.jonesloflin.com).



Keynote



Training



Coaching



336-859-9862



[www.jonesloflin.com/juggling-elephants](http://www.jonesloflin.com/juggling-elephants)



[info@jonesloflin.com](mailto:info@jonesloflin.com)